

# VOICES OF HOPE FOR APHASIA

## *Family & Friends of Aphasia*

Programs and activities for family members and friends of those living with aphasia

To register and for more information call 727.249.1953, email [info@vohaphasia.org](mailto:info@vohaphasia.org), or visit [www.vohaphasia.org](http://www.vohaphasia.org)

### *First Friday Lunches*

A fun, informal gathering of current, past, and future members of Voices of Hope for Aphasia. It's a great way for families and members to meet outside of the planned activities of the daily programming. Lunch locations change each month – experience new food, new restaurants, and new locations. Keep an eye out for upcoming locations!

*\*First Friday Lunches are planned and organized by one of our founding members, but lunch costs are each individual's responsibility.*

### *Support & Resources Group*

A gathering for family members, friends, caregivers, and anyone who loves a person with aphasia regardless of how long ago the diagnosis occurred. Come with your questions, your frustrations, your celebrations, your struggles, and your triumphs. This group provides help and support at any stage.

*This group currently meets on the second Wednesday of the month at the Sunshine Center in St. Pete from 10am to 12pm. Stay tuned for new locations/times.*

### *Hot Topics Discussions*

Do you need help navigating Medicare or disability insurance? Do you need help understanding your family member's medications or medical tests? Do you want help coping with your new role and the changes in your relationship? *Invited guests* and *expert speakers* will be available to help answer your questions during these sessions.

*This group currently meets on the fourth Wednesday of the month at the Sunshine Center in St. Pete from 10am to 12pm. Stay tuned for new locations/times.*

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