

VOICES OF HOPE FOR APHASIA

Family & Friends of Aphasia

Programs and activities for family members and friends of those living with aphasia

To register and for more information call 727.249.1953, email info@vohaphasia.org, or visit www.vohaphasia.org

Hot Topic Discussions

Do you need help navigating Medicare or disability insurance? Do you need help understanding your family member's medications or medical tests? Do want help coping with your new role and the changes in your relationship? *Invited guests* and *expert speakers* will be available to help answer your questions during these sessions.

This group meets on the fourth Wednesday of the month at the Sunshine Center in St. Pete from 10am to 12pm. Visit our website to register.

FEBRUARY'S HOT TOPIC:

February 27th: **Hot Tips from a Physical Therapist** about keeping your family member active. Voices of Hope's very own Marcey Wright is an experienced Physical Therapist. She will be available to talk to you about the importance of PT and every day exercises with your family members. Do you have questions about the value of continued PT? Do you wonder about going to the gym? Marcey will answer your questions!

MARCH'S HOT TOPIC:

March 27th: **Ask a doctor..** Dr. Amar Talati will be available to talk about innovative approaches to health care and to answer your questions about navigating hospital visits and doctor's appointments with a family member with aphasia. Amar Talati, D.O. is a general practitioner with a practice in St. Petersburg and with Bay Care hospitals.

Stay tuned to find out about more invited guests!

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