

# VOICES OF HOPE FOR APHASIA

## *Family & Friends of Aphasia*

Programs and activities for family members and friends of  
those living with aphasia

To register and for more information call 727.249.1953, email [info@vohaphasia.org](mailto:info@vohaphasia.org), or visit [www.vohaphasia.org](http://www.vohaphasia.org)

### *Hot Topic Discussions*

Do you need help navigating Medicare or disability insurance? Do you need help understanding your family member's medications or medical tests? Do you want help coping with your new role and the changes in your relationship? *Invited guests* and *expert speakers* will be available to help answer questions during these sessions.

*This group meets on the fourth Wednesday of the month at the Sunshine Center in St. Pete from 10am to 12pm. Visit our website to register.*

#### **AUGUST'S HOT TOPIC:**

**Aug 28th: Aging in Place:** Flavio Vivas will talk to us about options for non-medical home care for your family members. Bring your questions and concerns about knowing when is the right time and dealing with feelings of guilt about asking for help. Flavio runs the Pinellas office of Touching Hearts, a home care agency.

#### **SEPTEMBER HOT TOPIC:**

*To be announced*

*Stay tuned to find out about more invited guests!*

*Past experts include elder affairs attorneys, doctors: physiatrists and general practitioners, occupational therapists, Medicare experts, and more!*

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