



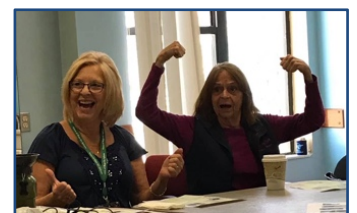
**VOICES OF HOPE
FOR APHASIA**
www.vohaphasia.org
April 2019 Newsletter

Registration is required for all sessions.
Please call 727.249.1953 or email info@vohaphasia.org
www.vohaphasia.org



Upcoming Events:

- **Break Week April 1st – 4th**
 - **NO PROGRAMS!!!** Enjoy the week off!
 - Come back *Monday, April 8th*
- **April Max Adventures – APRIL 19th 11:00am**
 - **Narrows Nature Preserve** in Largo
 - Join us for a presentation and picnic
 - Staff will present their resident birds
 - Potluck lunch! Bring a dish to share!
 - Details to follow
- **STARS Technology Program**
 - **NEW!!!** STARS Sessions now offered in **Dunedin** on Thursdays!
 - Schedule your individual appointment with Jen (jen@vohaphasia.org)
 - Get personalized help with any type of tool – high-tech or low!
 - Offered in St. Pete on Wednesdays
- **Friends & Family Program: Hot Topics**
 - Experts are invited each month on the 4th Wednesday at 10:00am at the Sunshine Center in St. Petersburg
 - **On APRIL 24th:** Medicare and Insurance expert from SHINE services
 - Glen will be available to answer your questions about insurance!
 - **SAVE THE DATE: MAY 22nd:** General Practitioner, Dr. Amar Talati answers your questions
 - **SAVE THE DATE: JUNE 19th:** Physiatrist/Rehab doctor, Dr. Jim Chinarian answers your questions about rehab services
- **NEW IN DUNEDIN: Family & Friends Support Group**
 - Meets in Hale Center at 10am on the 4th Thursday each month



Look what we have been up to!

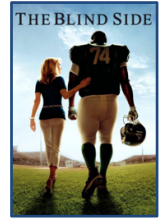
- **Max Adventures Outing**

- **Shuffleboard** and a picnic at St. Pete Shuffle
- We had some friendly shuffleboard competition and ate Sonny's BBQ!
- Over 40 people joined us!



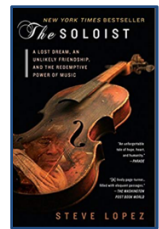
- **Movie Club**

- We watched and discussed the movie "Remember the Titans"
- On **April 8th** we start our next movie... "**The Blind Side**" starring Sandra Bullock
- *Interested in joining our movie club? Now is the time! Call to register!*



- **Book Club**

- CONGRATULATIONS on finishing "The Alchemist"
- On **April 8th** we start reading "**The Soloist**" by Steve Lopez
- *Interested in joining our book club? Now is the time! Call to register!*



- **Conversation Clubs:**

- We talked about St. Patrick's Day and Women's History Month
- Played "Would you rather..."
- Discussed Current events & more!



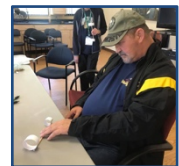
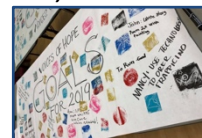
- **Science Group**

- We made **hoop gliders** to defy gravity!
 - What goes up must come down...
- We used spaghetti noodles to make a **pasta bridge**!
 - We turned something weak into something strong!



- **Art Group**

- We made a 2019 **Goal Banner** with artist in residence, Mason
- **Pictionary** ruled the day in Dunedin



- **St. Patrick's Day Themed Music Session**

- Faye Stillman from Lingraphica hosted a **music session** with voice coach Kiersten Kanaster
- After a warm up, we sang "The Wild Rover"

