

### February 2020 Newsletter

**NOTE: NO PROGRAMS** Monday, Feb. 17<sup>th</sup>, 2020: Presidents Day!

### **GENERAL UPDATES:**

- Tampa location is targeted for March/April. Stay tuned for details!
- Carol King Tribute Concert Wed. Feb 5<sup>th</sup> at 7:30pm
- IMPORTANT: Thurs. Feb 27<sup>th</sup> meet at Clearwater Library in Conference room on first floor! Dunedin Hale Center closed due to Baseball game!

### **PROGRAM UPDATES:**

- Living with Aphasia: Check out these new activities!
  - Tuesdays 10am: AT THE SUNSHINE CENTER: Aphasia Toasters: Create short speeches about yourself and practice reciting important information!
  - Wednesdays 10am: Movie group: We will be watching The Pursuit of Happyness!
  - Wednesdays 1pm: Crafts: Lets get creative! We will be doing a Valentines Day themed craft.
  - Thursdays at 10am: Current Events, Cooking & Shark Tank!
  - Last Sunday of the Month at 6pm: Dudes with Aphasia a chat group for young men with aphasia led by Speech-Language Pathologist, Adam Al-Mutawa
- Friends & Family Program:
  - o **LUNCH: Friday, Feb. 7<sup>th</sup> at 11:30am** at The Breakroom in Clearwater.
  - SUPPORT GROUP:
    - St. Pete: 2<sup>nd</sup> Wed. at 10am Sunshine Center office
    - **NEW! Dunedin**: 2<sup>nd</sup> Thurs. at 10:30am at Home Plate
  - O HOT TOPICS: Linda Burhans St. Pete: Wed., February 26th at 10am
    - Linda Burhans is an advocate for caregivers. She hosts a weekly radio show with listeners from across the country – Connecting Caregivers.
       Share your challenges and successes.

# VOICES OF HOPE FOR APHASIA Max Adventures

Honoring Max Miller, a true friend.

Registration is required for all outings.
For more information call 727.249.1953, email info@vohaphasia.org, or visit www.vohaphasia.org

### **NEW YEAR, NEW ADVENTURES!**



## February Adventure!

## Sunken Gardens!



Friday, February 21<sup>st</sup>, 2020 10:00am – 11:30am

1825 4<sup>th</sup> Street N., St. Petersburg, FL

Tour the famous Sunken Gardens of St. Petersburg!
Listen to a docent who will describe the plants and history
or wander at your own pace.

Sunken Gardens is St. Petersburg's oldest living museum – it's over 100 years old! Stroll through meandering paths, lush with exotic plants from around the world. Explore cascading waterfalls, beautiful demonstration gardens, more than 50,000 tropical plants, and flowers.

Feel adventurous – let's go on a Scavenger Hunt!
For more information about the gardens, visit: www.stpete.org/attractions/sunken\_gardens/

After the Gardens, we will walk just a few steps and have lunch at Carrabba's at 11:30am.

This adventure is FREE to our members. Guests \$12. Lunch not included

RSVP is REQUIRED NO LATER THAN FRIDAY, 2/16/2020 at 5pm via

(1) EventBrite invitation in your email,

(2) at www.vohaphasia.org/aphasia-programs/max-adventures, or

(3) by telling one of our program staff.