

# VOICES OF HOPE FOR APHASIA

We believe that living well with aphasia can be achieved by participating in activities of interest, socializing, and feeling valued. Our programs improve quality of life through successful experiences, foster communication in groups, provide training and tools to improve relationships, and educate the public about aphasia.



## OVERVIEW OF OUR PROGRAMS

### LIVING! WITH APHASIA



**Every member's communication is supported and valued.**

Our weekly group sessions are activities of interest to our members; such as Aphasia Book Club, History, Writing Group, Conversation Club, Games, Arts & Crafts, and more.

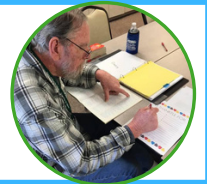


### APHASIA - NOW WHAT?



**Getting tips and tools for communication as a family.**

A personalized 2-day workshop for people with aphasia and their families. Trained professionals give you a deeper understanding of aphasia, and training in supported communication techniques.



### FAMILY & FRIENDS PROGRAM



**Because we are all affected.**

Social and supportive activities for family members & friends of those living with aphasia. Including First Friday Lunches, Support Groups, and "Hot Topic" discussions with expert guests.



### MAX ADVENTURES



**Let's have an adventure!**

Outings chosen by our members or staff, provide new and exciting activities for those with aphasia to get out and explore in a supportive and aphasia-friendly environment.



### STARS TECHNOLOGY PROGRAM



**Using technology to communicate.**

Providing hands-on training and support for people with aphasia and their families in the use of technology in a fun and social environment.



### APHASIA GIVES BACK



**Volunteering opportunities for people with aphasia.**

Establishing a network of volunteering opportunities in our community for our members. Members can volunteer in groups or individually.



For a full description and calendar of events, visit [www.vohaphasia.org](http://www.vohaphasia.org)

